**Project Design Phase-I**

**Proposed Solution Template**

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| Date | 19 September 2022 |
| Team ID | PNT2022TMID12586 |
| Project Name | Project - Nutrition Assistant Application |
| Maximum Marks | 2 Marks |

**Proposed Solution Template: NUTRITION ASSISTANT APPLICATION**

Project team shall fill the following information in proposed solution template.

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| **S.No.** | **Parameter** | **Description** |
|  | Problem Statement (Problem to be solved) | * Healthy eating and nutritious food have become an essential part of everyone’s life. * To achieve a balanced and healthy life is difficult to this busy environment. * Smartphone’s are capable solving different problems in numerous areas of day to day life. * NUTRISMART solve this problem and makes customer live a healthy life. |
|  | Idea / Solution description | * Suggest healthy food to maintain healthy body * Maintain the log of daily calorie * Suggestion for correct intake of food * Provide healthy recipes * Suggest some tips for healthy life * Provide health benefits of food |
|  | Novelty / Uniqueness | * Calorie calculator – based on the age and gender * Provide the user a nutrition guide to their doorstep * Provide Notifications to their day-to-day life |
|  | Social Impact / Customer Satisfaction | * Getting Nutritious tips from various sources. * Customer can get enough knowledge of what to eat and what not to eat. * Maintain their fitness by following the health tips and achieve the fitness goal |
|  | Business Model (Revenue Model) | * Mobile Apps plays a vital role in the day-to-day life. * They are Very easy and Time consuming * Economically they are very feasible |
|  | Scalability of the Solution | * In a family there may be infants, young children, adolescent, adults, and elderly all living under one roof. * It is always a big challenge to provide a good nutritious diet for each of the member, particularly when their needs, preferences vary. * Diet and nutrition app can help the entire family in adopting a fit and healthy lifestyle. * The user will keep track of their current exercise, food, and water statistics through continuous usage of the app. |